

Activity 1 : Make a chart about some of the healthy habits we should follow to ensure good health. You can also draw or stick pictures.

 <p>GET UP EARLY IN THE MORNING</p>	 <p>BRUSH YOUR TEETH DAILY</p>
 <p>TAKE BATH DAILY</p>	 <p>GO FOR MORNING WALK</p>
 <p>EXERCISE DAILY</p>	 <p>PRAY TO GOD</p>
 <p>WASH HAND BEFORE EATING</p>	 <p>TAKE MEALS IN TIME</p>

Animals help us in many ways. Some animals provide us with food and clothes. Some animals help to carry heavy loads and some are used as transport to get from one place to another.

Match the animals with their use. MATCH THE FOLLOWING

